



# The science *and the beauty.*

*Cosmedica Newsletter | Volume 03*

COSMEDICA'S BOLD NEW LOOK reflects the expertise and skill Dr. Lupin brings to his work. As he says, "There's a lot of science behind the technology, but I consider cosmetic dermatology to be an art form. As a dermatologist, I'm trained in the science but there's something very creative, very artistic about what we can do now. After many years of perfecting techniques, it's very satisfying to be able to give patients the results they've dreamed of."

## Fraxel™ laser treatment

Rejuvenates aging and sun damaged skin without surgery or downtime



BEFORE

AFTER

We all feel better when we look refreshed and rejuvenated. But with

today's hectic pace, it's not easy to get impressive results without a lot of downtime. Or is it?

Fortunately, there is a safe, non-invasive cosmetic treatment that gives impressive results without surgery or downtime and it's available at Cosmedica. According to a survey conducted by Mediacard Finance Inc., more Canadians are shifting their interest toward non-surgical facial procedures which grew by 19% in 2005.

The FDA approved Fraxel™ laser treatment is a revolutionary treatment that rejuvenates the texture, tone and overall appearance of the skin on the face, neck, chest, tummy and hands.

"Patients tell me they want their skin to look fresher and more radiant but they don't want a lot of downtime." says Dr. Lupin. "The Fraxel" treatment is a good option that gives results that improve after each treatment and in most cases patients can resume normal activities immediately following a treatment. My patients love that."

Fraxel™ laser treatments target fine lines and wrinkles, sun damaged skin and reduce brown spots. It treats unwanted pigment while carefully preserving the surrounding skin.

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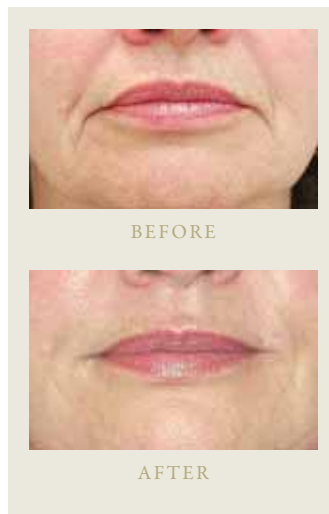
Have you noticed  
the beautiful relationship  
between looking great  
and feeling great?

"I've been totally thrilled with my IPL (Intense Pulsed Light) treatments for Rosacea and the results have been dramatic. In a few months I've gone from having skin that is pigmented and old looking to having my husband touch my face and tell me my skin looks amazing! Friends tell me I look younger and fresher and when they hear that I don't have to wear any makeup, they say, "That's what I want!" **Kory, Victoria, BC**

## Lifting without surgery

The Facts on Teosyal/  
Juvederm /Restylane

Volume restoration is a new paradigm in facial rejuvenation that has evolved over the last several years. The benefits of dermal fillers to treat wrinkles have been recognized for decades and today there are a number of fillers on the market. A tired drawn look under the eyes, sunken cheeks and/or more prominent bags under the eyes can now be addressed carefully and judiciously with replacing lost volume over the cheek bones or under the eyes. *Teosyal*, *Juvederm* and *Restylane* are all types of non-animal sugar molecule fillers that are well tolerated with



reasonable longevity in the skin. These fillers are excellent options with a high safety profile with minimal to no bruising. Results are immediate and last an average of 8-10 months in the cheeks. A natural and immediate rejuvenated appearance results recreating the original single round contour of

the cheeks. In some instances, these same fillers may be considered for raising the brows and corners of the mouth to reduce the appearance of heaviness in the lower cheeks. Volume restoration is an excellent complement to most other facial rejuvenating procedures.

## The gift of perfect skin

The Gift of beautiful skin

Look your radiant best this season. Consider a specialized laser skin treatment to restore and rejuvenate your natural beauty.

# Thermage

For body, tummy and eyes

You've probably heard about the popular skin tightening cosmetic treatment known as Thermage (aka Thermacool™) that is clinically proven to tighten, rejuvenate and renew facial contours and restore healthier collagen. Now you can get the same great results on the arms, thighs and tummy; often in a single treatment. The Tummy by Thermage procedure helps smooth, tighten and contour skin on your tummy for a naturally younger looking appearance.



With Tummy by Thermage you can have:

- tighter skin with improved tone
- smoother skin texture
- flattened and softened stretch marks
- reduced sagging
- discreet, natural looking results

Depending on the size of the area treated, the procedure may take from a few minutes up to an hour. Best of

all, there is usually no downtime and patients can return to normal activities immediately.

While results vary, generally, improvement is immediately visible followed by a six month period of new collagen stimulation leading to a gradual benefit.

*For more information visit [www.thermage.com](http://www.thermage.com)*

*(continued from front cover)*

## Fraxel™ laser treatment

It promotes the skin's natural process for creating new, healthy tissue to replace the damaged cells. The Fraxel™ treatment can also be effective for improving acne scars and stretch marks. Clinical studies suggest that on average, an effective treatment is 4 to 5 sessions spaced about 2 to 4 weeks apart. Both men and women can benefit from Fraxel™ and the procedure is effective for all skin types. Cosmedica has been providing Fraxel™ treatments since 2005 and has performed more than 500 treatments to date.

*To discuss the benefits of a Fraxel™ laser treatment or to book a free consultation, contact us today.*

# Silk Peel

Microdermabrasion with Infusions.

Ask about our new SILK PEEL microdermabrasion system. The SILK PEEL exfoliates the outer layer of skin while infusing a solution that stimulates new cell growth. Skin specific solutions include hydrating for dry skin, clarifying for acne and brightening for pigmentation. A SILK PEEL treatment is a good way to gently and safely refresh and revitalize the skin and it improves the absorption of topical creams. The SILK PEEL is ideal for patients with acne, dry skin, oily skin, sun damage and pigmentation.





"Dr. Lupin has exceptional skills that give me perfect results every time. And, as a registered nurse, I really appreciate how he approaches everything with such honesty and integrity. I'm educated about all the treatments that are available and I know exactly what I want. He totally respects that. You just don't get that anywhere else."  
Sunnye, Orange County, California

## Introducing Ultrashape™

A non-invasive treatment to reduce body fat and improve body contour

Cosmedica is pleased to introduce Ultrashape™, an innovative, clinically proven treatment to reduce excess body fat and improve body contour. The treatment, which uses focused ultrasound, is approved by Health Canada to reduce fat on the tummy, thighs and hips and is the first and only non-invasive technology specifically designed to remove fat cells.



Ultrashape™ uses computer guided ultrasound to break down unwanted fat by selectively targeting fat cells and disrupting them without harming surrounding tissues. The fat is gradually removed through the body's natural mechanisms.

Results may be seen within weeks and improve over a number of treatments.

*For more information about Ultrashape™, or to book a free consultation, contact us today.*

*We want to hear from you*

*Send your feedback and suggestions for our next newsletter to [newsletter@cosmedica.ca](mailto:newsletter@cosmedica.ca)*

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